

SNAPSHOT

Improving Colorectal Cancer Screening Rates in North Dakota

A quick look at tips, tools, and updates for CRC Screening improvement



No matter your age, there are five steps you can take to avoid developing colon cancer. Source



Eat your veggies and healthy fats





Watch your weight



Limit alcohol and don't smoke



Follow screening guidelines

SHOUT-OUTS



Congratulations to the following clinics for meeting their 2024 Screening Goals!

- CliniCare (Cavalier, ND): 104.11% of goal reached
- Towner County Medical Center (Cando, ND) : 104.87% of goal reached
- St. Luke's Crosby Clinic: 109.39% of goal reached



Thank you to all clinics who completed the ScreeND Evaluation Survey! Unity Medical Center, UND Center for Family Medicine, Towner County Medical Center, Spirit Lake Health Center, Southwest Healthcare Services, South Central Health, SMP Health - St. Kateri, Quentin N. Burdick Memorial Health Care Facility, **Mountrail County Medical Clinic, Jacobson Memorial** Clinics, St. Luke's - Crosby Clinic, CliniCare

CURRENT STATS FOR SCREEND TEAMS (COMBINED)

New patients ScreeND (45-75 years)



Screening Improvement 50-75 year age group



Screening Improvement 45-49 year age group

NDCRCSI REMINDER

How to add NDCRCSI Coverage into the EHR

- Enter NDCRCSI coverage as a secondary insurance
- BCBS ND is the carrier
- The patient is the subscriber
- Group number is 10279927 (this is the same for all the patients in this program)
- Program name in BCBS is: ND Colorectal Cancer Screening Initiative IND E1D ECH ESP FAM

HEALTH EQUITY

"What Happens when I call 9-8-8?" Have you ever wondered what happens when you call the <u>988 Suicide & Crisis Lifeline</u>? FirstLink has partnered with ND Health and Human Services to host several FREE webinars in 2025 to build awareness of the services provided on the 988 Lifeline. Visit www.myfirstlink.org/trainings to learn more or register for one of the webinars.

"What happens when I call 9-8-8?" Join FirstLink for a 1-hour webinar to learn

more about FirstLink, the center responsible for answering the 988 Suicide & Crisis Lifeline and 211 Information & Referral Helpline. This presentation will provide information on 988 and 211, as well as how you can help connect those in need with our services in a compassionate, nonjudgmental manner

Dates: January 15, 2025 - 11a-12p February 13, 2025 - 11a-12p **March 25, 2025** - 5p-6p

Register at myfirstlink.org/trainings!

FirstLink 988 SUICIDE & CRISS

Why are More Cancers Being Diagnosed at a Young Age?

Cristina Ferrario | Sept 24, 2024 | Medscape Nurses BARCELONA, Spain — Over three decades, from 1990 to 2019, the global incidence of early-onset cancer (EOC) increased by 79.1%. Irit Ben-Aharon, MD, PhD, from the Rambam Health Care Campus in Haifa, Israel, presented this alarming figure during her keynote lecture at the European Society for Medical Oncology (ESMO) Annual Meeting 2024. The session featured Shuji Ogino, MD, PhD, from Harvard Medical School and Brigham and Women's Hospital in Boston.

The available data suggested that we are facing a true epidemic that the international oncology community can no

longer ignore. Read more...

UPCOMING EVENTS

Behind the Screen: A First Look at the

Cologuard PlusTM Test Multiple Dates and Times: Jan 14-16,

Jan 21-23, Jan 28-30

Register

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